

CONFIRMATION PACKET

78TH ANNUAL LEADERSHIP TRAINING CONFERENCE

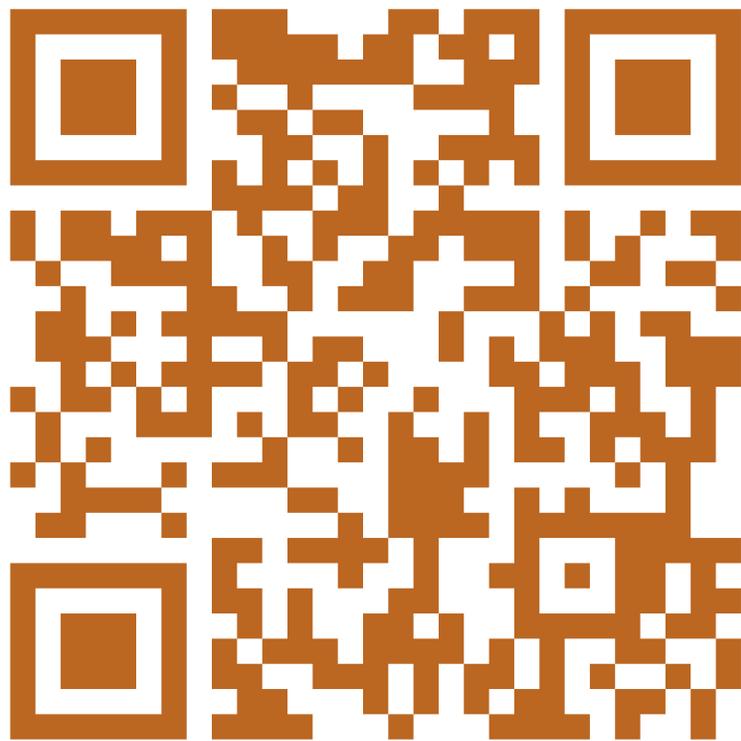


**NEW YORK DISTRICT KEY CLUB
INTERNATIONAL**



STAY UP TO DATE WITH LTC!

78TH ANNUAL LEADERSHIP
TRAINING CONFERENCE



SCAN TO ACCESS OUR CAARD.CO!

NEW YORK DISTRICT KEY CLUB
INTERNATIONAL



WELCOME TO LTC!

Key Clubbers, Welcome to the 78th Annual LTC!

From every corner of New York State, we've come together this weekend to recognize our achievements as one unified District. Over the past year, you have made a real, lasting impact in your schools, your communities, and beyond. Each service project, fundraiser, and act of leadership has contributed to something far bigger than any one of us, which is something to be incredibly proud of.

This weekend is a celebration of that impact, but it's also a new frontier full of opportunity and growth. Through engaging workshops, inspiring keynote sessions, and meaningful conversations, you'll gain the tools and motivation to take your service even further. Challenge yourself to meet someone new, learn something unexpected, and embrace the energy that makes our District so strong.

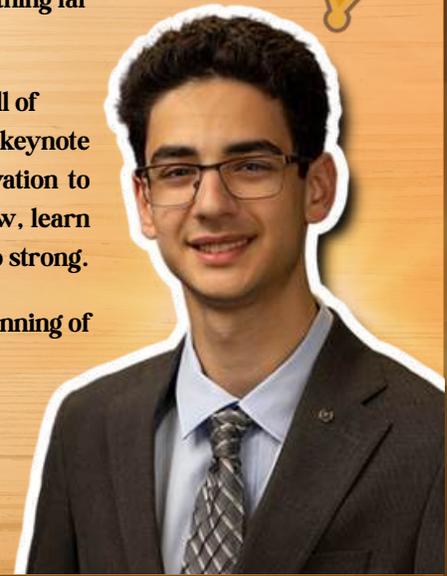
This may mark the end of one service year, but it also represents the beginning of an even stronger one to look forward to.

We can't wait to see you there!

Yours in Service,

Noah Rozin

2025-2026 District Governor



To the New York District Key Clubbers & Advisors,

Welcome to the 78th Annual New York District Leadership Training Conference. We would like to thank the Desmond Hotel staff for all they have done to help make this conference a success. Their support of this conference is greatly appreciated. I want to congratulate Governor Noah Rozin and his board for a great service year. I want to thank the Key Club advisors for your dedication and making a difference in this world. You are advising our future leaders.

Your District Board and Conference Committee have worked very long and hard to make this event the best ever! They have tried to make this year's conference a little different and even more enjoyable. They have considered your evaluations and where possible made changes. We have some new and exciting workshops for you to try. We again have the ever popular PLAYFAIR and our Keynote speaker is Tom Krieglstein. Governor Noah and I are very excited to offer you this great conference and we would encourage each of you to take full advantage of all that is offered.

I want to thank each of you for all the time and service that you give to your homes, schools, communities and the world. You truly epitomize the term "Servant Leaders." It is a privilege to serve as your Administrator.

Yours in Service,

John Goldstein

2025-2026 District Administrator



SCHEDULE AT A GLANCE

	START TIME	END TIME	FUNCTION	DRESS CODE
FRIDAY	4:00PM		Arrival / Registration	C
	4:00PM	5:30PM	Networking Activity	
	6:00PM	7:00PM	Dinner	
	7:00PM	8:30PM	Opening Session & Playfair	
	8:45PM	10:00PM	Service Project	
	8:45PM	10:30PM	District Caucus (Delegates Only)	
	9:00PM	11:00PM	Free Time	
			Talent Show / Oratorical Contest Tryouts	
	11:00PM	7:00AM	Curfew	
	START TIME	END TIME	FUNCTION	DRESS CODE
SATURDAY	8:15AM	9:15AM	Breakfast	BP
	9:30AM	10:30AM	Awards & Recognition Session	
	10:35AM	11:25AM	Workshop Block 1	
	11:30AM	12:20PM	Workshop Block 2	
	12:30AM	1:30PM	Lunch	
	1:45PM	2:45PM	Keynote Session	
	2:50PM	3:40PM	Workshop Block 3	
	3:45PM	4:45PM	Workshop Block 4	
	4:45PM	6:00PM	House of Delegates	
			Free Time	
	6:15PM	7:15PM	Dinner	
	7:30PM	9:15PM	Salute to Divisions and Clubs Session	
	9:30PM	11:00PM	Governor's Ball	
			Advisors / Chaperone Social (Adults Only)	
	12:00AM	7:00AM	Curfew	
		START TIME	END TIME	
SUNDAY	7:45AM	8:30AM	Breakfast	BP
	8:45AM	9:30AM	Workshop Block 5	
	9:45AM	11:30AM	Closing Session	
	11:30AM		Departure	



DRESS CODE GUIDE

Business Professional (BP)

- Business suit OR blazer with dress slacks
- Sweater with a shirt and tie
- Skirt-and-Blouse Combination



Business Casual (BC)



- Collared shirt (e.g., dress shirt or polo shirt)
- Modest shoes (e.g. loafers) with socks
- Optional blazer or business jacket
- Informal dress or skirt of appropriate length

Casual (C)

- Everyday wear
- NOTE: clothes should be presentable, of appropriate length, and without explicit markings.
- Key Club merch!



SERVICE PROJECTS

International Justice Mission

Presenters: Division 11 Natalie Keiger, Division 13 LTG Zyriean Arenas Dudley, Division 27 LTG Harjyot Kaur

The International Justice Mission is dedicated to protecting people from violence, exploitation, and human trafficking. They work with local authorities to rescue victims, bring criminals to justice, and strengthen communities to prevent abuse.

Through their efforts, IJM empowers vulnerable populations and promotes human rights around the world. Help us write cards to thank the authorities and individuals who protect the rights of all individuals.



UNICEF

Presenters: District Executive Assistant Cielle Voulgarides, Division 5 LTG Isabella Torchia, Division 8 LTG Catlyn Dong

Combining creativity and compassion to support UNICEF's mission of helping children around the world, we'll teach you how to make beautiful bead bracelets that will help children develop fine motor skills essential for being able to pre-writing activities, buttoning the shirt, tie shoelaces, open containers, and more.



WORKSHOP BLOCK 1

SESSION 1

WORKSHOP	DESCRIPTION	PRESENTERS
President & Vice President	Leading a club is a big responsibility, but you've stepped up to make a difference—and we're here to help. This workshop will provide you with the tools, strategies, and confidence to lead effectively, inspire members, and maximize your term. Get ready to learn, share ideas, and connect with fellow leaders. Let's make this year the best one yet!	D2 LTG Eileen Yun D15 LTG Sebastian Semanate
Secretary	You are the backbone of your club, keeping things organized and running smoothly. From recording minutes to tracking service hours, your role is key to your club's success. This workshop will equip you with tools and strategies to stay efficient, accurate, and proactive. Get ready to learn, connect, and elevate your leadership skills.	District Secretary Ashley Maing D24 LTG Faith Schulz
Treasurer	As the financial facilitator of your club, your role is crucial in managing dues, budgeting, and ensuring resources for success. This workshop will equip you with the skills to stay organized, track funds, and maximize your club's financial potential. Get ready to learn and become a confident leader in your role.	District Treasurer May Thu Khaing D9 LTG Yeyin Li
Webmaster & Bulletin Editor	As storytellers and digital leaders of your club, you shape its image and keep members informed. Whether managing the website, creating newsletters, or handling social media, your work showcases your club's achievements and service projects. This workshop will equip you with tools to improve communication, boost engagement, and create impactful content.	District Webmaster Isabella Zhao District Editor Vicky Zheng
Truly International: Running for Higher Office	As emerging leaders within Key Club International, you have the power to create lasting impact. This workshop breaks down in depth the different roles offered at Key Club International, what it's like being a leader on an international level, and the important responsibilities you would need to uphold. Truly International will equip you with the confidence and insights to step outside your comfort zone, maximize your platform, and serve with authenticity.	Governor Noah Rozin Key Club International Trustee Grace Nelson
Getting Involved In Circle K	Your Key Club journey doesn't have to end after high school—it can continue through Circle K International. This workshop introduces Circle K's mission and leadership opportunities, while guiding you through how to find or start a club on your future campus. Through interactive discussion and a collaborative activity, you'll explore how to stay involved in service, strengthen your leadership skills, and continue making an impact in college and beyond.	NY Circle K Governor Sofie Melledy D8 LTG Catlyn Dong
Demystifying Key Club	Demystifying Key Club uses an interactive escape room style board meeting simulation to showcase real Lieutenant Governor scenarios before breaking down what the role entails: serving as a liaison, leading divisions, and navigating challenges. This workshop shows how to pursue roles from LTG to International President with confidence by walking through different leadership pathways and sharing personal journeys, practical skills, and election insights.	D13 LTG Zyriean Arenas Dudley D17 LTG Kyla McRedmond

KEY: D = Division | LTG = Lieutenant Governor



WORKSHOP BLOCK 2

SESSION 2

WORKSHOP	DESCRIPTION	PRESENTERS
College Advice Prep Panel	Overwhelmed by the thought of college? The College Advice Prep Panel offers real insight into navigating the college process and securing meaningful opportunities. Panelists will share personal experiences with applications, essays, interviews, financial considerations, and balancing academics with leadership and service. This workshop provides practical perspectives and actionable tips to help you feel confident and prepared for your next chapter.	D6 LTG Morgan Holt D10 LTG Lev Stoliar
Identifying Careers	Identifying Careers helps turn interests, values, and leadership experiences into meaningful career direction. Through self-reflection activities, interactive career match-up games, and discussions on career clusters, you can explore how your strengths and passions align with diverse pathways—from STEM to business, arts, and public service. The workshop also connects Key Club service to real-world skills like communication, empowering you to confidently pursue your future goals.	D12 LTG Emily Segarra D23 LTG Wiyada Chaisomboonpan
How To Ace An Interview	Interviews are a chance to showcase your skills, and preparation is key. This workshop will cover how to research the company, answer common questions confidently, and present yourself professionally. You'll also learn tips on body language, attire, and follow-up strategies to ace any interview.	D7 LTG Skylar Wolkoff D11 LTG Natalie Keiger
Resume Building	Your resume is your first impression, showcasing your skills to employers, colleges, and scholarship committees. In this workshop, we'll guide you through creating a strong resume, from highlighting leadership and service to professional formatting. Whether starting fresh or refining an existing one, you'll leave with tips to make it polished and impactful. Let's build a resume for your success!	D5 LTG Isabella Torchia D20 LTG Asia Quinn
Sponsorships & Grants	Securing financial support is the key to turning ambitious ideas into meaningful impact. This workshop breaks down the difference between sponsorships and grants and outlines how you can collaborate with your sponsoring Kiwanis International Club to pursue funding. You will also learn how to define your project's purpose and budget, explore the Youth Opportunities Fund and Road Scholarships, and leave with practical tools to apply for funding for your Key Club initiatives.	District Exec Assistant Cielle Voulgarides D4 LTG Sadie Elbaum
Linking On LinkedIn	LinkedIn is a powerful tool for networking and career development. In this workshop, you'll learn how to create and optimize your profile, connect with professionals, and leverage LinkedIn for opportunities. Whether you're starting out or refining your profile, we'll give you the tools to use LinkedIn effectively and confidently.	District Exec Assistant Steven Linkh D27 LTG Harjyot Kaur
Utilizing AI/Ethics	AI is a powerful tool, but using it responsibly requires careful thought about ethics, bias, and privacy. This workshop explores real-world scenarios, like schoolwork and workplace decisions, to examine where the line lies between assistance and substitution, and who is accountable when AI causes harm. Through discussion and case scenarios, you will develop a practical framework centered on transparency and impact to guide responsible AI use in academics, careers, and leadership within Key Club and beyond.	D8A LTG Stella Nikolaros D19 LTG Akshara Das

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WORKSHOP BLOCK 3

SESSION 3

WORKSHOP	DESCRIPTION	PRESENTERS
Public Speaking & Presentation	Public speaking is key to success. In this workshop, you'll learn to structure your message, engage your audience, and speak confidently. We'll cover techniques to overcome nervousness and deliver effectively. We'll also guide you through creating compelling, well-organized presentations—covering content structure, slide design, and confident delivery.	D2 LTG Eileen Yun D27 LTG Harjot Kaur
Arguing Responsibly	Turning disagreement into productive dialogue by focusing on clarity and active listening rather than simply trying to win is an important skill to have. Through examples and reframing exercises, you will learn to separate people from ideas and how to use evidence to argue responsibly. This workshop equips you with communication skills needed to build trust, strengthen credibility, and encourage solution-focused discussions in classrooms, teams, and spaces like Key Club.	District Exec Assistant Steven Linkh D20 LTG Asia Quinn
How To Cook Anything	Building confidence in the kitchen starts with understanding the basics. This hands-on workshop walks you through essential cooking utensils, common culinary terminology, and smart grocery shopping strategies to make meal preparation approachable. Through interactive discussion and practical tips, you will gain the foundational knowledge needed to follow recipes, plan meals, and cook with greater independence, curiosity, and creativity.	District Treasurer May Thu Khaing D19 LTG Akshara Das
Psychology of Learning	Understanding how the brain learns can transform the way we study, teach, and grow. This workshop explores how key brain regions work together to shape learning experiences. Through interactive simulations of neural communication and memory challenges, you will discover how emotion and motivation chemically and physically strengthen neural connections. By connecting neuroscience concepts to practical techniques, you will be equipped to apply strategies for lasting retention.	D4 LTG Sadie Elbaum D24 LTG Faith Schulz
How To Be An Influencer	Growing an online presence takes more than posting—it requires creativity, strategy, and responsibility. You will learn what it means to build an engaged audience, from understanding social media algorithms and creating promotional content to mastering photography techniques. With a focus on becoming a digital leader, this workshop also covers internet safety, branding, and engagement strategies, ending with a hands-on activity where participants design and perform their own fundraising promo video.	District Secretary Ashley Maing District Webmaster Isabella Zhao
Budgeting Basics	Managing money wisely is necessary to build confidence and independence. This workshop introduces key financial concepts, active versus passive income, and setting SMART short and long term goals. You will also explore the differences between debit and credit cards and the importance of building strong credit, before participating in an engaging hands-on budgeting simulation.	D8 LTG Catlyn Dong D17 LTG Kyla McRedmond
Delegation & Avoiding Burnout	Sustainable success as a leader depends on smart delegation and self-awareness. This workshop focuses on how to assign responsibilities clearly, communicate expectations, and empower others while maintaining accountability. It also addresses the warning signs of burnout, time-management strategies, and boundary-setting techniques that protect productivity and mental health. With practical tools tailored for leaders involved in activities like Key Club, you will leave better prepared to lead effectively without exhausting yourself.	D6 LTG Morgan Holt D9 LTG Yeyin Li
Conflict Resolution	Disagreements are inevitable, but they don't have to divide a team. This workshop helps members recognize common sources of tension, distinguish healthy from unhealthy reactions, and practice responding with calm, clarity, and collaboration. Through engaging activities like group role plays, you will apply a simple four-step model to transform conflict from a source of stress into an opportunity for growth.	District Editor Vicky Zheng D12 LTG Emily Segarra

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WORKSHOP BLOCK 4

SESSION 4

WORKSHOP	DESCRIPTION	PRESENTERS
How To Tie A Tie	Learning how to tie a tie is an essential skill for many occasions, from formal events to job interviews. In this workshop, we'll walk you through the step-by-step process of tying a classic knot, such as the Windsor or Four-in-Hand, so you can confidently rock your tie every time.	D5 LTG Isabella Torchia D13 LTG Zyrieen Arenas Dudley
How To Get A Date	Dating can be intimidating, but it starts with confidence, authenticity, and respect. This workshop walks you through how to spark interest naturally, build connections through genuine conversation, and thoughtfully ask someone out while being mindful. It also emphasizes handling both "yes" and "no" responses with maturity and always respecting boundaries. Through guided practice and discussion, you learn that meaningful relationships grow from friendship and self-assurance.	D11 LTG Natalie Keiger D15 LTG Sebastian Semanate
Hot Take: Key Club Debate	This workshop encourages discussion on some of the biggest questions and controversies in Key Club. Topics that are debated in a fun, fast-paced format include the value of virtual service, the role of social media, and whether local or international projects should take priority. By engaging with different perspectives, you will sharpen your critical thinking skills and ability to back up opinions with reasoning, while exploring what makes Key Club impactful.	District Exec Assistant Cielle Voulgarides D7 LTG Skylar Wolkoff
The Wild Draw: Drawing Bucky	In this workshop, we'll walk you through the process of creating your own bucky masterpiece, step by step! Whether you're a seasoned artist or a beginner, this class is designed to help you explore your creativity in a relaxed, supportive environment.	District Webmaster Isabella Zhao District Editor Vicky Zheng D8A LTG Stella Nikolaros
CPR Training	CPR Training gives participants the hands-on skills and confidence to respond in emergency situations. You will learn how to recognize cardiac distress, perform chest compressions and rescue breaths correctly, and use an AED safely. Through guided practice and real-life scenarios, this workshop equips students with life-saving techniques that can make a critical difference in their communities.	D10 LTG Lev Stoliar D17 LTG Kyla McRedmond
Ink & Emotion: Poetry Writing	Poetry is a beautiful way to express emotions, tell stories, and capture moments through words. In this workshop, we'll explore the art of poetry, focusing on how to craft verses that resonate with both you and your audience. Whether you're new to writing poetry or have some experience, this space will encourage you to play with language, imagery, and rhythm.	District Exec Assistant Steven Linkh D20 LTG Asia Quinn D23 LTG Wiyada Chaisomboonpan

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WORKSHOP BLOCK 5

SESSION 5

WORKSHOP	DESCRIPTION	PRESENTERS
Line Dancing	Line Dancing introduces you to the fun and coordination of synchronized group movement through the Footloose routine. This workshop guides you through warm-ups, step-by-step choreography, and group practice, emphasizing rhythm, teamwork, and confidence on the dance floor. By the end, you will be celebrating your progress and enjoying a shared, energetic experience with other Key Clubbers.	District Treasurer May Thu Khaing D6 LTG Morgan Holt D7 LTG Skylar Wolkoff
Latin Dances	Latin Dancing invites you to explore the rhythms, movements, and energy of popular Latin dance styles. The workshop teaches basic steps, timing, and partner/group coordination while highlighting the cultural origins of each dance. Through guided practice and repetition, you will gain confidence, improve your rhythm, and enjoy a lively, interactive experience that blends fitness, music, and self-expression.	D12 LTG Emily Segarra D13 LTG Zyrieen Arenas Dudley D15 LTG Sebastian Semanate
Karaoke	Get ready to unleash your inner performer! Karaoke is all about having fun, expressing yourself, and enjoying the music you love. In this workshop, we'll help you feel confident on stage, whether you're a seasoned singer or someone who just loves to belt out your favorite tunes for fun.	District Secretary Ashley Maing District Exec Assistant Cielle Voulgarides
Key Club Jeopardy	Want to show off your Key Club expertise? This Jeopardy turns learning about Key Club into a fast-paced, interactive game. Teams compete to answer questions on topics about Key Club with bonus rounds and lightning questions adding extra excitement. This fun, competitive environment reinforces knowledge, encourages teamwork, and celebrates your Key Club expertise while keeping everyone engaged.	D2 LTG Eileen Yun D10 LTG Lev Stoliar D24 LTG Faith Schulz

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KEYNOTE SPEAKER

TOM KRIEGLSTEIN

Tom Krieglstein has trained over one million people, won eight national speaking awards, given a TEDx talk at UCLA, and once got edited off The Oprah Winfrey Show. He's the founder of Swift Kick and creator of Dance Floor Theory™, a leadership and engagement system used by companies like Nike, Apple, Coca-Cola, Pfizer, and even the U.S. Military to build what Tom calls a Culture of Connection™, where engagement, retention, and productivity thrive. Since launching his first company in college (which hit \$1.5 million in annual sales),

Tom has delivered keynotes and training in England, South Korea, Indonesia, Bermuda, and across the entire U.S. He's also served on the boards of the NYC Entrepreneurs' Organization and the National Speakers Association, and despite that Oprah thing, has numerous media appearances.



SWIFTKICK
MARTIAL ARTS

DANCE FLOOR
THEORY



FUNDRAISER & EXTRAS

KEY CLUB STORE

Key Club apparel will be available for purchase on Friday from 2-6 PM and 9:30-11 PM, and on Saturday from 8 AM-6 PM! Be sure to bring extra money if you are interested in purchasing merchandise.

MIRACLE MINUTES

At Friday dinner and Saturday lunch, we will have 75 seconds to collect as much money as possible in donations for our District Project **International Justice Mission** & Governor's Project **One Tree Planted**. Any contribution will help greatly!

STUDENT LOUNGE

The Shaker Room will be open in the evening during club time for those who need to take some time to complete homework or study in a quiet place.



PACKING LIST & CODE OF CONDUCT

WHAT SHOULD I BRING?

YES	NO
<ul style="list-style-type: none"> • Money for Conference Fundraisers & Key Club Store • 2-3 sets of Business Professional Clothing • 1-2 sets of Business Casual Clothing • Casual Clothing • Toiletries • Prescription Medication • Homework 	<ul style="list-style-type: none"> • Blow Dryer • Iron • Blankets & Pillows • Illicit or Illegal Materials • Towel (unless you don't feel comfortable using the hotel's)

THESE ARE SUGGESTED ITEMS TO BRING

CODE OF CONDUCT

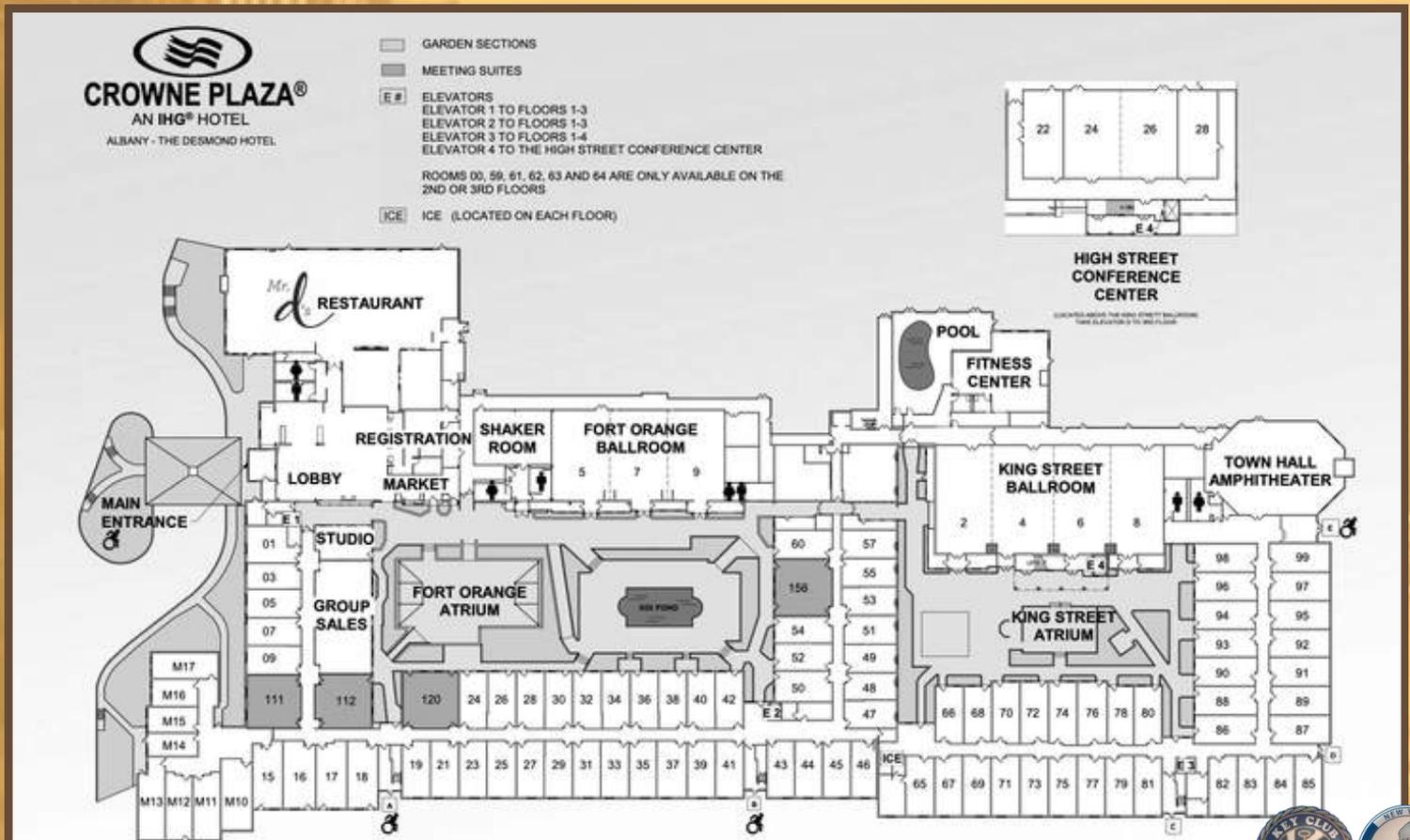
- No Key Clubber will be permitted to leave the hotel building for any purpose until the close of the Leadership Training Conference.
- Follow the instructions of advisors/chaperones at all times.
- A curfew will be observed and strictly enforced from 12:00 A.M. until 7:00 A.M.
- All attendees will be expected to cooperate with and respect the authority of the Conference Staff.
- No Key Clubber will be permitted in any room of the hotel assigned to a member of the opposite sex.
- Name badges must be worn at all times during the Conference.
- Attendance at caucus is required for officially registered club delegates.
- Attendance at workshops and general sessions is required of all Key Clubbers.
- All Key Clubbers must dress in accordance with the conference dress code.
- All Key Clubbers must abide by all Key Club International Code of Conduct.



MAP & PROCEDURES

WHEN YOUR CAR/BUS ARRIVES...

1. Instruct the driver to unload in the front of the hotel.
2. Advisor/Chaperone should get off the bus and check their students in at the General Check-In table in the main lobby.
3. Students should stay on the bus in order to alleviate large crowds.
4. While the advisor/chaperone is checking in, members of the District Board and/or Conference Interns will board the bus to provide some instructions to the students
5. Once the advisor/chaperone has completed checking in, students may get off the bus and head into the hotel; a member of the District Board will guide the group to their rooms.



KEY CLUB INTERNATIONAL MEMBER AND ADVISOR SURVEY



We want to hear from you! Key Club International invites members, officers and advisors to complete a brief survey to share ideas, perspectives and goals that will help strengthen the Key Club experience. Your input matters!



